



The MAGIC Foundation

# The 13<sup>th</sup> Annual Conference for Adults with Endocrine Disorders

Including:

*Adult Growth Hormone Deficiency, Panhypopituitarism, Cushing's,  
and Adrenal Insufficiency*



*February 28 - March 3, 2019*

*Barrow Neurological Institute at St. Joseph's Hospital and Medical Center*

*Goldman Auditorium and Sonntag Pavilion*

*350 W. Thomas Road, Phoenix, AZ 85013*

**BARROW**  
Neurological Institute



# The 13<sup>th</sup> Annual Conference for Adults with Endocrine Disorders

February 28 - March 3, 2019

Barrow Neurological Institute at St. Joseph's Hospital and Medical Center  
Goldman Auditorium and Sonntag Pavilion  
350 W. Thomas Road, Phoenix, AZ 85013

## Agenda

### Thursday, February 28, 2019

5:00 pm-7:00 pm      *Welcome Reception*  
*Wyndham Garden Phoenix Midtown*

### Friday, March 1, 2019

9:00 am-4:00 pm      *Exhibits, Barrow Pituitary Center*

10:00 am-10:45 am      **Cushing's**  
Managing Cushing's: Navigating Through the Maze  
*Kevin Yuen, MD*

10:00 am-10:45 am      **AGHD/Panhypopituitarism: Daily & Beyond**  
Managing AGHD  
*Laura Knecht, MD*

10:00 am-11:45 am      Hypothalamic Obesity:  
Not Just Calories In, Calories Out  
*Ellen Lancon Connor, MD*

12:00 pm-1:00 pm      *Lunch*

1:00 pm-1:45 pm      Me, Myself and My Adrenal Insufficiency  
*Kevin Yuen, MD*

2:00 pm-3:00 pm      Navigating the Medical Maze  
*Dawn Herring, LMFT*

5:00 pm-8:00 pm      *Group Outing to Scottsdale Waterfront*

## Saturday, March 2, 2019

- 10:00 am-10:45 am Beyond AGHD & Cushings: Familial & Genetic Factors  
*Constantine A. Stratakis, MD, D(med)Sci*
- 11:00 am-11:45 am Q&A  
*Constantine A. Stratakis, MD, D(med)Sci*
- 12:00 pm-1:00 pm *Lunch*
- 1:00 pm-1:45 pm Tools for Coping with my Endocrine Disorder  
*Catherine Jonas, CMC, LMFT*
- 2:00 pm-2:30 pm Finnigan & Friends: A Year In AI Training  
*Angela Palmer, Dog Trainer*

- 2:30 pm-3:30 pm **Cushing's**  
Quality of Life Segment  
*Samantha Edgar and Margaret F. Keil, MS, PNP*
- 2:30 pm-3:30 pm **AGHD/Panhypopituitarism**  
Life is What You Make Of It  
*Sandy Jones*

## Sunday, March 3, 2019

- 9:00 am-10:00 am Preventing Muscle Wasting/Nutrition  
*Robert Fine, Personal Trainer*
- 10:00 am-11:00 am Nuances of Treating Hypothyroidism  
*Theodore C. Friedman, MD, PhD*
- 11:00 am-11:30 am The Use of Macrolin for GHD  
*Theodore C. Friedman, MD, PhD*
- 11:45 am-12:30 pm New & Old of Diagnosing Cushings  
*Theodore C. Friedman, MD, PhD*
- 12:30 pm-1:00 pm Ask the Wiz  
*Theodore C. Friedman, MD, PhD*

# Faculty

## **Ellen Lancon Connor, MD**

Professor, Pediatric Endocrinology & Diabetes  
Co-Director, Adolescent PCOS Clinic American  
Family Children's Hospital University of  
Wisconsin  
Madison, Wisconsin

## **Samantha Edgar**

College Student  
NIH Summer Intern  
Affected Adult

## **Robert Fine**

Gill's Fitness, Personal Trainer  
San Diego, CA

## **Theodore C. Friedman, MD, PhD**

Chief, Division of Endocrinology, Metabolism  
and Molecular Medicine  
Professor of Medicine-Charles R. Drew  
University of Medicine & Science  
Los Angeles, CA

## **Dawn Herring, LMFT**

Licensed Marriage & Family Therapist,  
Oceanside CA

## **Catherine Jonas, CMC, LMFT**

CJ & Associates Care Consulting, President  
Geriatric Care Management & Counseling  
Services, Los Angeles, CA

## **Sandy Jones**

Affected Adult, Panhypopituitarism  
Oklahoma City, OK

## **Margaret F. Keil, MS, PNP**

Director, Pediatric Endocrine Clinical Services,  
NIH

## **Laura Knecht, MD**

Board Certified Endocrinologist Assistant  
Clinical Professor Creighton University -  
Phoenix Midtown Endocrine Associates

## **Angela Palmer**

Dog Trainer & Animal Enthusiast  
Austin, Texas

## **Constantine A. Stratakis, MD, D(med)Sci**

Senior Investigator and Head, Section on  
Endocrinology and Genetics,  
Scientific Director, Eunice Kennedy Shriver  
National Institute of Child Health and Human  
Development (NICHD), National Institutes of  
Health (NIH)

## **Kevin Yuen, MD**

Professor of Medicine  
Medical Director, Barrow Pituitary Center and  
Barrow Neuroendocrinology Clinic Phoenix, AZ



## **Hotel Information, Rates & Reservations**

Wyndham Garden Phoenix Midtown  
3600 N. 2nd Ave.  
Phoenix, AZ 85013

\$109 per night + tax, includes free wifi,  
parking and breakfast

Refrigerators are available on a limited  
basis. Ask hotel representative when  
booking. To make reservations, contact  
Richard via phone at 480-695-4666 or  
email [remmerling@dhmhotel.com](mailto:remmerling@dhmhotel.com)

## **Airport Transportation**

Transportation is not provided to/from  
the hotel from the airport. The Wyndham  
is approximately 9 miles from the airport.

Preferred airport is Phoenix, AZ - PHX - Sky  
Harbor Intl.

## **Welcome Reception**

On Thursday, please join us for a welcome  
reception at the hotel. Light snacks and  
beverages will be served. It's a great way  
to meet and get to know some of the other  
attendees.

## **Group Outing to Scottsdale Waterfront**

The cost is \$10 per person and that covers  
the cost of transportation. Once at the  
Scottsdale waterfront, there are food options  
and shopping. You can go on your own  
or choose to have dinner as a group. For  
more information, visit their website at:  
[scottsdalewaterfrontshopping.com/](http://scottsdalewaterfrontshopping.com/)

# Registration Form

## February 28 - March 3, 2019

	Total # Attending	Cost
Registration for 1st person \$150		\$150.00
Additional attendees \$50 each (above fee includes breakfast & lunch on Friday & Saturday)		
OR Educational Segments Only - \$40 per day or \$100 for 3 days (check which days you will attend)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Fri. Sat. Sun.	
Friday ~ Group Outing		\$10.00
TOTAL AMOUNT ENCLOSED:		

Registration deadline: **January 28, 2019** (No refunds after deadline date)

Name (Affected Adult) \_\_\_\_\_

Names of Other Adults Attending \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Disorder \_\_\_\_\_ Your Endocrinologist \_\_\_\_\_

### Payment

Check or money order payable to: The MAGIC Foundation

Charge my:     AMEX     VISA     MC     DISCOVER

Card # \_\_\_\_\_

Expires \_\_\_\_\_ Verification # \_\_\_\_\_ Billing Zip Code \_\_\_\_\_

Printed Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

**Mail or fax registration form by January 28, 2019 along with payment to:**

MAGIC Foundation  
4200 Cantera Drive, Suite 106  
Warrenville, IL 60555

**or fax to: 630-836-8181**

**NOTE: MAGIC will be taking pictures throughout the convention Your participation in The MAGIC Foundation's 13th Annual Adult Conference gives us permission to use these pictures in our scrapbooks, website and other publications. If you do not want MAGIC using your photographs you need to send a written request to MAGIC.**